



**April 2024** 

**Dear Parents, Guardians and Caregivers,** 

Welcome to the new Leary ROAR newsletter!

April arrived and we hope you enjoyed your Spring Break. With only 2.5 months left this year, they are sure to be filled with events, celebrations, community engagement, and learning. As we thaw out from winter, we see the beauty of the unceded territories of the Stó:lō peoples that we live, learn, work and play on.

With warmer temperatures in our view, there are many classes planning field trips. The classroom teacher is the best person to connect with if you have questions about your child's upcoming events. Please return all permission forms as soon as possible after receiving them. Our James and the Giant Peach Jr. production is on May 6-8th at the Cultural Centre. Tickets can be purchased online or in person from the Chilliwack Cultural Centre.

Term 3 in underway and our highlight is on Transitions and Human and Social from our School and District strategic plans. You can view these documents on our school webpage. Learning is on a continuum and students are given opportunities to show their learning in many ways.

Yours in Learning, Shelley Burke & Brad Driscoll

### REMINDERS

- April 18 PAC Treat Day
- April 18 PAC Meeting
- April 23 Art Starts Power of Purpose (student assembly)
- April 23 Fraser Health Immunization POP in clinic
- April 25 PAC Hot Lunch
- April 29 Class Photos and School Panorama
- April 30 Kinderfair







## PLAY! LEARN! GROW!









'Explorations' is an after-school program run by Big Brothers Big Sisters of the Fraser Valley. The main goal of the program is to develop an appreciation of the benefits of an active, healthy lifestyle among youth in a safe and positive environment!

Each session is structured around the three key Explorations themes:

- Healthy decision-making skills
- Creating new and fulfilling relationships
- Feeling good about oneself



### **HOW DOES IT WORK?**

Explorations runs once a week (2 hrs) for 8 weeks. It's a co-leadership model with mentors working with a small group of youth in grades 4-5 (10 - 12 students).

Each session is structured around fun, interactive games, activities, and creative crafts! Healthy snacks are provided each session!



Local Elementary School Once a week for 2 hrs, 2:30-4:30 pm Runs for a total of 8 weeks



FOR MORE INFO:

katarina.bell@bigbrothersbigsisters.ca

# Public Health Immunization Drop-In Clinic

Open to all ages, infant, children, teens, parents, seniors.



- Leary Integrated Arts & Technology Elementary- 9320 Walden Street, Chilliwack, BC, V2P 7Y2
- Tuesday, April 23, 2024
- ♣ 2 P.M. 3 P.M.

A nurse will review each client's immunization history to see which immunization they can receive at the drop in clinic. Please note that some clients may not be due to receive immunizations at this



# Mindfulness club for grades 3-5

Starting May 9th and for the next 5 weeks on Thursdays at lunch (open to 20 students)

## Themes:

- Non-Judgment
- Self Compassion
- Self Regulation
- Emotional Literacy

Hosted by Ashley Stewart

(parent volunteer & registered clinical counselor)

Breathing for regulated bodies \* Positive Self-Talk \* Mindful Movement

Students can sign up through a completed consent form from the office.